



PACELINE

**Alta Alpina
Cycling Club**

**Volume 11 Issue 8
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AACC Weekend Ride Schedule— September/October

David Scarborough, Weekend Ride Coordinator

This is the ride schedule for the upcoming weeks. For more details on the routes go to Altaalpina.org and find the specific ride listed under routes and other rides.

The smoke has been playing havoc with our riding. Do to the ongoing Rim Fire, which will not be out for a while, I have made a change to the September 29th ride. Instead of riding Sonora we will do a Virginia City and Louse Town loop. On October 5th we will be doing a joint ride with the Procrastinating Peddlers from Reno and possibly the Plumas Sierra Bicycle Club. That will be a Gold Lakes Loop from Graeagle.

The Fall end of year ride will be October 13th. As we did last year we will do an out and back from Wellington over Sweetwater summit to Bridgeport. We will either do pizza again or a bbq afterwards.

Remember to check the ride board, facebook page, and use common sense to figure out if a ride will be happening. Hopefully the smoke will be leaving us soon.

Fast and slow riders are all welcome and we have numerous re-group points. Refreshments are served at the conclusion of club weekend rides. As always, please check the club's website page for last minute changes.

Sunday, September 29, 2013 — Virginia City and Louse Town Loop

Meet at the Savemart on East Highway 50 in Carson City and be ready to ride at 9:00am. We'll ride out through Dayton and take Six Mile Canyon up to Virginia City, complete the Louse Town Loop and then return to Carson City via the Truck Route. The loop is a spring and fall favorite and is about 60 miles long. Water is available in Virginia City.

Saturday, October 5, 2013 — Gold Lakes Loop

Meet in GreEagle and be ready to ride at 9:30. Park along the side of the road in the middle of town. Meet at the park next to the Graeagle Restaurant/ Knotty Pine Tavern. There's no snow in the forcast so we'll try this loop again. This time we're starting in Graeagle to meet up with the Procrastinating Peddlers from Reno and possibly the Plumas Sierra Bicycle Club.

Sunday October 13, 2013 — Fall Century (Sweetwater Pass)

Meet at Lampe Park at 8:00 am to carpool to the start. Or be at GC Casino/ Bar and Pizza in Wellington at 9:00 am. We will start in Wellington, NV and ride to Bridgeport and back over Sweetwater Pass. There will be a club rest stop on top of Sweetwater. pass. Participants will be on there own for lunch in Bridgeport (bring money if needed). Save an appetite for the post ride meal!

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Lake Tahoe Iron Man

Congratulations to everyone who joined 2200 competitors to complete the Lake Tahoe Iron Man.

Special congratulation to Pike Reardon who finished 84th overall (9th in his category) and Lesley Tuggle who finished 1st in her category.

Pannier's and Bags for Sale

Tina Keegan has an almost new set of bicycle touring gear she is looking to find a new home for. She has two pairs of rear panniers, two pairs of front panniers, two handlebar bags, two rear racks, and one front rack. If you're interested, contact her at her aol email address: Tjkeegannv

Alta Alpina Cycling Club Rideboard Page

Don't forget to post your weekday road and mountain bike rides to the club rideboard so that other members can join you!



Fabulous Club Rides

Michael Bayer, Newsletter Editor

Dave Scarborough continues to do a fabulous job organizing weekend rides. Weekend rides have featured some great routes, great camaraderie, lots of social time at regroup stops, and an awesome spread of snacks at the finish..



Clockwise: Start of the Lake Alpine Ride, Meeting at the "Y" for Barker Pass, Start of Spicer Meadow Road, Sonora Pass with a bit of Smoke, Mormon Emigrant Loop Ride



Presidential Posting

Mel Maalouf, President

This last month, I had an opportunity to attend a workshop for the development of a bicycle plan for Douglas county. This was funded by the Nevada Department of Transportations (NDOT) and will continue for most of the rural counties. Douglas was the first of the many. To be honest, I was a little confused as to why we needed a separate bike plan from the trails plan and why we needed a bike plan in any case.

The answer came in at the end, but I will give it here at the beginning: having a combined trails and bike plan didn't give the right emphasis to a bike plan that could be easily referenced and followed. Having a bike plan gives a priority for all aspects of bike infrastructure construction and maintenance and a solid frame of reference for future plans and enhancements. Another function was to help find funding avenues for projects. In the beginning, I was concerned that if all we did was work on identification and prioritization the plan would have no teeth with neither funding nor binding law or statues, local or state. But what the plan does is it puts a "line in the sand"—on paper AND formally approved by the county's officials. The great part is it provides a path and a recommended avenue for funding. Funding is often the key problem probably followed closely by apathetic residents.

I think a good answer to improving infrastructure for cycling is to go after all avenues of advocacy. So I would I like to reach out to all of you who like riding bikes, take every opportunity to voice your opinion, attend any planning meetings, take on a pet project to help out us for the near and far future. If we start now, any further efforts will just build upon our foundation

Alta-Alpina Jr. Team Velodrome Trip

Eric Jacobs

This past Labor Day weekend, four Jr. team members and our coach Mel Maalouf travelled to San Jose for an end of the season trip!

On Saturday, the got on the track early, where we received great instruction! It was certainly different to ride fixed geared track bikes, but after a day of morning of instruction, and even some practice racing, we were all pretty confident on the track. That evening, we took a ride into the hills above San Jose. During the decent, we had the privilege of watching the sunset over the bay.

On Sunday, we went to the track in the afternoon, where we received even further instruction and had the opportunity to participate in several different forms of track racing. Despite the fact that we were novice to the track, we were able to win several of the races!

On Monday, we headed over to the Stanford Campus, where we parked the truck and rode to the cost. After a steep decent, we arrived at highway one, where we rode the California dream along the coast!

Thank you to all of you club members who make this possible!

Cole Pinther

As the cycling season begins to end, Alta Alpina Juniors give it one last throw down. Traveling nearly 400 miles to San Jose, members of our junior team experienced the ultimate cycling weekend. From riding the Velodrome to Highway One, we seemed to make every second count.

Our cycling fever began on Saturday morning when we headed to the Hellyer Velodrome. For many of us, this was the time to learn that one cannot stop pedaling fix gear bikes. We learned the basis of track cycling, the individual. We learned that track cycling was sprint training.

We decided to hit the hills. After navigating through San Jose on bike, we arrived to the eastern hills (or the death hill). At this point, we knew that the weekend was not going to be a leisure weekend due to the shear monster ahead of us-- a 5 mile stretch of road with an average grade of 13%. We soon realized that it would require a significant amount of team work to reach the top.

Sunday proved no easy task either. We participated in a Junior training session at the Velodrome. Kind volunteers at the Hellyer taught us the fundamentals or racing. We challenged and won many mock races.

On Monday we rode to Highway One. We began our adventure at Stanford University. After a beautiful climb into the forest, we dropped down to the sea and rode Highway One.

Alta Alpina, we thank you for giving us the opportunity to travel with our team and to experience a wonderful utopian cycling weekend.



Board Meeting Minutes—September 10, 2013

Acting Secretary: Michael Bayer; Other Board Members: Diane Bolton, Robert Braun, Frank Dixon, Mel Maalouf, Tim Rowe, David Scarborough

1. Monthly Status Reports:

- **Treasurer:** The current checking account balance is \$37,277.94. The Paypal balance is \$15,703.89. Frank is dealing with the corporate registration for the club in Nevada where he hit some unexpected red tape. We'll proceed to complete the transfer of treasurer functions from Pete to Frank in the coming weeks.
- **Membership:** Membership continues to grow as members discover they overlooked their renewal and new members discover the club. Annual meeting is scheduled for November 4, just waiting for Lauren to confirm.
- **Weekend Rides:** Two weekend rides were cancelled by smoke. Sonora will be switched to Virginia City to avoid the possibility of smoke.
- **Newsletter:** Newsletter planned for mid month-- just need final race results, ride schedule, and presidential posting
- **Website:** Michael is evaluating alternative hosting platforms with a decision to be made before our existing site expires in November.
- **Weekly Road Races:** Last two races were cancelled due to smoke. Overall participation was about the same as last year. Michael questioned the rules surrounding switching between classes. After extensive debate if different alternatives it was agreed that for 2014 only 50% of accumulated points will be transferred to the new class whether they are moving up or down.
- **Junior Team:** Winding down for the season. Labor day weekend the team went for their annual Velodrome trip. They rode Sierra &

Calaveras, trained and raced at the Velodrome, and rode the Tunitas Creek loop. The Juniors may do CX this year.

- **Pinenut Cracker:** Kevin Joell reported back to Robert with the financial results. After Kevin's expenses the club made \$465.40. The board had previously agreed to donate double the profit to TAMBA. Mel moved that we round up to \$1000, board agreed. Robert indicated that he and Kevin may not be organizing next year.
 - **King of Kingsbury Time Trial:** No Update.
 - **Cyclocross Race:** Davis Creek part of five race series. Davis Creek will be last race of the season on December 7.
 - **Bike Advocacy:** Mel attended Douglas County bike plan meetin organized by NDOT. Tim Rowe reported that the new Dead Red legislation takes effect October 1.
 - **Adopt A Highway:** Alpine County Chamber of Commerce complained that we referred to the last highway cleanup as the "Post Death Ride Highway Cleanup".
 - **Clothing:** Mel is still contemplating tweaks for the 2014 clothing. Di says design of existing shorts isn't flattering.
2. **Rider Reimbursement Program:** The Goal is to provide additional benefits for Wild Sierra volunteers. We discussed also offering the ability for volunteers to select a bicycle-related group or cause for a club donation. Frank agreed to work on a budget.
3. **Next Meeting:** Monday, October 7 2013, 6 pm, at Jethros in Gardnerville.

Local Merchant Discount Program

Details about local merchant offers is listed under "Merchant Discounts" on our website at www.AltaAlpina.org.





Alta Alpina Cycling Club

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 www.AltaAlpina.org

MARK YOUR CALENDARS

AACC Fall Century Sunday, Oct 13
 Daylight Saving Time Sunday, Nov 3
 Ends
 Annual Meeting & Party Monday, Nov 4
 (Legion Hall in South
 Lake Tahoe)

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AltaAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

Mel Maalouf	President	president@AltaAlpina.org	775-782-9652
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Joe Marzocco	Website Coordinator	j_marzocco@yahoo.com	
Tim Rowe	Bicycle Advocacy Coordinator	Trowebikes@aol.com	775-267-9531

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe.. Join us on **Monday Oct 7** at **Jethros** in the **Gardnerville Ranchos.**

Newsletter Publisher:
 Michael Bayer