



PACELINE

**Alta Alpina
Cycling Club**

**Volume 5 Issue 7
Aug-Sep 2007**

AACC Annual Meeting and Dinner—October 22

Michael Bayer, Membership Coordinator

Officeial Notice: The Annual Meeting of the Alta Alpina Cycling Club and End of Season Dinner and Awards Ceremony will take place at:

The Lake Tahoe Golf Course

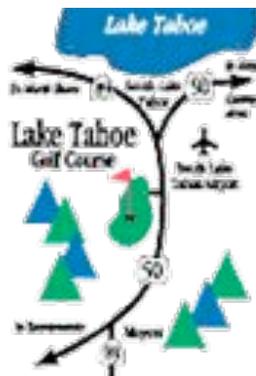
Monday, October 22

Doors open 5:30 pm, Meeting starts 6:30 pm

Dinner is free for all student, individual, and family members. There will be a charge for guests.

Please RSVP with names (and the age of each child) to:

Membership@AltaAlpina.org



King of the King — The 2007 Kingsbury Time Trial

Mel Maalouf, King of the King Coordinator

The annual King of the King Kingsbury Hill Climb Time Trial took place Sunday 9 September 2007. Conditions were cool and calm.

Juniors:

1. Micah Herman
2. Tanner DeGiovanni

Men 19-39:

1. Andrew Valestrino
2. Garth Jackson
3. Jake Mestre

Men 40+:

1. Dave Gaskin
2. Kevin Willitts
3. Allen Biaggi

Clydesdales:

1. Corey Bolton

Women:

1. Jennie Hamiter
2. Kate Blake
3. Tammi DeGiovanni

1. Micah Herman	0:39:16	20. Peter Niday	0:47:02
2. Andrew Valestrino	0:39:19	21. Bryan Price	0:47:20
3. Garth Jackson	0:39:44	22. Steve Kreider	0:47:23
4. Jake Mestre	0:39:58	23. Jim Wire	0:47:30
5. Dave Gaskin	0:40:00	24. Rick Mayashiro	0:49:13
6. Marcus McKinnon	0:40:34	25. Phil Henke	0:49:48
7. Scott Vaughn	0:41:00	26. Todd DeGiovanni	0:49:54
8. Cody Deane	0:41:02	27. Jennie Hamiter	0:51:19
9. Brett Long	0:41:16	28. Tanner DeGiovanni	0:53:18
10. Robert Braun	0:43:06	29. Marty Momsen	0:54:02
11. Kevin Willitts	0:43:22	30. Simeon Dzamov	0:54:10
12. Mario Gallardo	0:43:30	31. Tracy Sells	0:56:19
13. Allen Biaggi	0:43:43	32. Scott Herman	0:56:26
14. Mark Pupich	0:44:58	33. Kate Blake	0:57:06
15. Brian Greenlees	0:45:10	34. Ramon Martinez	0:58:06
16. Pike Reardon	0:46:13	35. Corey Bolton	0:59:00
17. Randy Volkmar	0:46:18	36. Tammi DeGiovanni	0:59:40
18. Walter Morris	0:46:30	37. Kelly Momsen	1:00:21
19. John Axtel	0:46:38	38. Timeri Puis	1:03:08

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Free Club Membership

**Free Race Entry,
Free Pizza, Glory, Power, and
the Undying Respect of your
Cycling Friends!**

Is Alta Alpina the kind of cycling club you want it to be? Have you ever wanted to be involved in club decisions? Consider joining the 2008 AACC board of directors.

Club members have volunteered for most but not all of the 2008 positions; however, we're still looking for a Newsletter Editor and a Race Director for the Pinenut Cracker.

Complete job descriptions are in the December 2005 newsletter which you can download from the club website at: http://www.altaalpina.org/news/Paceline_dec05.pdf.

For the latest info on open board positions, or to nominate someone, contact Jennie Hamiter, at 775-782-4848 or president@AltaAlpina.org



Carson Valley Classic Criterium and Road Race 2007

Pictures by John Seher and other Club Members



Racers ready at the Minden Crit, downtown Minden.



The club had a good showing in the Cat 4-5 Crit.



The final straight-away, Minden Crit.



Dave Gaskin leads the pack at the first corner.



Climbing the first hill, Diamond Valley Road Race.



Then they suffered up the second hill.



Presidential 'Preciation: Another Successful Carson Valley Classic

Jennie Hamiter, AACC President

I'd like to congratulate Steve Thomsen for a very nicely executed Carson Valley Classic this year. As Steve's first crack at being Race Director, things went pretty smoothly. We got lots of positive feedback from the racers—even one of the out-of-town officials wrote me to say what a great time he had.

Thanks to all the volunteers, but especially to those who worked early and stayed late both days:

Jim Rhiner, lending his expertise from being race director the last two years

Chris Rhiner, initiated into the event by getting yelled at by little old ladies at the crit-course church as she

helped them to their cars

Mel Maalouf, Garth Jackson, Di and Corey Bolton, John Trent and his ROP kids, and Jeff Ham, Tim Rowe, Jim Crompton, and Eric Pederson for officiating.

Arlene Ham was a good sport about spending the whole weekend helping us out.

Justin Thomsen (Steve's brother, easily mistaken for Steve from a distance), who was chained to the registration laptop for both days.

And whoever else I forgot. July is a tough month to be a club volunteer, as there's a lot going on. Thanks for hanging in there, team!

Comment/Opinion of the Month

Tim Rowe, Bicycle Advocacy

AACC is and should be a club for ALL cyclists! Unfortunately, AACC is no longer looked at as the main group for speaking for cycling in the area, such as Lake Tahoe, as it should be. Over the years we have not been as active or involved in the community as we use to be. We have also been recently seen as only supporting a narrow view on cycling issues, like the Greenway. The club should be fairly positive, direct, forward looking, and speak out for, and about cycling. We should be involved with the community, like helping with Bicycle Rodeos, and working with the Lake Tahoe Bicycle Coalition (LTBC). Think about it—just what has the AACC done to improve cycling and/or be involved with the community in the area, including the Lake, recently?

We need to get involved, join organizations (like LTBC and/or California Bicycle Coalition), work as a team, and show up at meetings together in force to get suggestions on the table and improvements actually done. Let's come together, work together, and form solutions that can work for all. We also need to get the suggestions directed to the right agency.

Yes, Share the Road signs are great and would help all cyclists, but the LTBC cannot place them. We, the club, need to work with the LTBC to get them placed by the correct agency. We need to create a unified letter of request to Caltrans to get signs on Hwy 89-Luther Pass, for example. If complaints are needed, let's do

them as a team and continue to offer solutions. The Greenway, for example, isn't perfect, but let's make it better and serve the total cycling community (including school kids). The Greenway does have potential, as it can provide improved access and new areas for all cyclists to use. It takes effort, but the more that show up at meetings and present positive and constructive ideas, the better!

How many of you have actually been to a City of South Lake Tahoe City Council Meeting? An El Dorado Board of Supervisors meeting? Lake Tahoe Bicycle Coalition meetings? Nevada Bicycle Advisory Board Meetings? California Bicycle Coalition meetings? Also, who attended the Nevada Bicycle Conference here at the Lake the past 2 years? Or who made it to TRPA, or Lahontan Board, or a Caltrans Hwy 50 hearing? I know I have been to many meetings and I have only seen a few AACC members present. We need to be there consistently and in larger numbers. Showing up in AACC attire (polo shirt, t-shirt, sweatshirt, or even a jersey) would also be great.

The LTBC was formed from the old TRAC just over a year ago. TRAC had stalled, and new a cycling group and voice for just Lake Tahoe was needed. There is certainly a need to improve cycling around the entire Lake, and LTBC is one way, but it can't do it all alone.

(continued on page 6)



Overall Points 2007	Genoa TT 4/26	Diamond Valley 5/3	East Valley Crit 5/10	Air Center Crit 5/16 Club Challenge	Diamond Valley 5/24	East Valley TT 5/31	East Valley Crit 6/7	Eagle Ridge Crit 6/14 Club Challenge	Fredricksburg Two-up TT 6/21	Diamond Valley RR 8/28	East Valley Crit 7/5	Blue Lakes TT 7/12	Fernley RR 7/17 Club Challenge	Diamond Valley RR 7/26	Eagle Ridge Crit 8/2	Blue Lakes RR 8/9	East Valley Crit 8/16 Club Challenge	Genoa TT 8/23	Diamond Valley RR 8/30	Season Points
C's																				
Miyashiro, Rick		12	17	10	17	?	10	20	6	7				12	17	17	10	14	7	176
Simpson, Josiah	1	10	10	10	10	12	?	10	20		6	17	10		12	10				145
Herman, Scott	1		7	10		20	?	10	17	10	5		10	9			10	17	17	143
Hamiter, Jennie	1				12	7		10	12	20		14	10	8	20	14				128
Norvell, Dave		6	20		9			10		17	20		10	10		9	10			121
Berhard, Robin	1	6	3		6	7	10	10	10	12	12			6	8	6			14	111
Kreider, Steve	1	17	10		20		8							14		20		9		99
Bolton, Corey			5		9	12		17		14					7		10	12		86
Sells, Tracy	1	5	7		7		7	10	7	7	9			5		5		6		76
Ham, Jeff						17						12		17	14	12				72
Kawa, James							10						20	14			10	14		68
Shick, Scott	1	7	9		9	10	9	10	7	5										67
Degiovanni, Tanner								6			10		10		7		5	20		58
Stockdale, Suzy	1	9			10	9		10	10	8										57
Tittle, Tom	1	8			7	5	?			9		10		7		8				55
Petrosky, Russ			4		2	7	10		14	17										64
Niday, Peter		14	14		14		10													52
Vanwagenen, David	1	20				20								10						51
Lookadoo, Dana	1	10	9		8	9	10													47
Long, Brett			12		14	17														43
Taylor, Paul	1	7	8		1	14				8										39
Degiovanni, Todd											20						10			30
Probert, Russ	1				4	10	?		14											29
Knight, Stan	1	5	6		5	4	?													21
Collins, Dale					6			14												20
Fish, Dave (RW)																	20			20
Wisma, Shawndrea								17		1										18
Dixon, Frank		9			7															16
Roby, Scott						12														12
Parkerson, Ross										10										10
Anderson, Christine							10													10
Seltzer, Darren							10													10
Holdway, Jeremy (RW)																	10			10
Brown, Dan																	10			10
Warren, Jeremy														9						9
Sheetz, Mark					6															6
Ferris, Kirk														6						6
Kempler, Paul														5						5
Hill, Brooks		4																		4
Lefebvre, Tobert			3																	3
Sheikman, Boris	1																			1
Brown, Chris	1																			1
Momsen, Martin	1																			1
D's																				
Schick, Scott	1	14	17		17	20	17	10	14											110
Bernhard, Robin	1	12	5		12	14	20	10	20											94
Stockdale, Suzy	1	17			20	17		10	20											85
Sells, Tracy	1	10	14		14		14	10	14											77
Klumchorhor, Toni					8					20	17	14		14		14				87
Rhiner, Chris			9			1				8	9		10	20	12			17		86
Degiovanni, Tanner								12					20							52
Simpson, Jeremiah	1	9	12			1		12												35
Mackabee, Brian									12	7			17							36
Valenzuela, Nico									17	14					7					38
Saechao, Torn		5	6			1				1	8		8		8					37
Sanchez, Alex										10	17				20					47
Treiber, Debbie	1										12									13
Momsen, Kelly	1				10												20			31
Willits, Casey			10			12	1													23
Serrano, Manuel		7	4		9	1														21
Cobourn, Andrew										20										20
Odell, Doug			8			1						10								19
Ruana, Bruce								17												17
Garcia, Frank		6	7			1														14
Dibble, John									14											14
Sutherland, Kari							10													10
Cobourn, John											12				17					29
Mann, Ingrid													12		9					21
Chan, Anthony										1			9		10					20
Kinale, Michael		8																		8
Taylor, Joey					7															7
Garrett Singer																	14			14



Continued from Page 3:

Comment/Opinion of the Month, Tim Rowe, Bicycle Advocacy

It is kind of sad that only a very few dedicated people show up at LTBC meetings every second Tuesday of the month. LTBC doesn't offer pizza, but at least they offer ideas, plans, and possible new cycling events.

Speaking of the Lake, a few have complained about the Bicycle Friendly Community Status that was sought after and obtained recently by the LTBC. A few call the Bicycle Friendly Status a joke, BUT they may not understand the whole picture. No, the designation may not appear to be perfect, but it is a first step. The new status is a seed, so let's nurture it and help it grow! The status is a start and it certainly gets the attention of The League of American Bicyclists (LAB) and others, like Thunderhead Alliance, on the status of bicycling in South Lake Tahoe (SLT). LAB didn't just do this as a whim; they take it very seriously and SLT went through a stringent process! They must have seen something here. Was it potential teamwork, or improved cycling possibilities, or was it hope and a vision? They certainly saw something to work with, something to build on. With this designation, SLT has two years to prove that bicycling in the community is improving, and that things are moving forward. If not, SLT will lose the status, something no city wants.

Let's work with others, like LTBC, and help SLT make



improvements. A few people, like Ty Polastri at LTBC, luckily have a vision and see beyond their handle bars. A few have put a lot of effort into this Bicycle Friendly Designation, as they see it improving cycling in the

long run and I think we should thank them. Those few also have desire for a better cycling environment for all – not just themselves– but for you and I and any rider visiting the Basin! Ty and LTBC made a video on cycling at the Lake and showed it at many meetings and certainly opened up many eyes and increased the interest of a wide group of individuals on cycling. At the Nevada Bicycle Conference last year Ty and LTBC got a meeting together with LAB and local agencies at one table and great discussions were had. This year, LTBC worked with Nevada Bicycle Advisory Board (NBAB) to get more local cycling presentations. Let's all move forward and together. SLT certainly has room for improvement with cycling; with a positive team effort, we can make these. Please show up and be heard in a collaborative, coordinated, and constructive voice!

*Note this is just my opinion here and is an attempt to bring awareness and discussion to an issue I see as important. I in no way want to offend anybody here. If you want, send me an email with your thoughts, ideas, and suggestions.

Local Product Review: Cookie Boy Cookies

Jennie Hamiter, AACC President

Looking for a locally-made, healthy, tasty alternative to energy bars? Cookie Boy cookies are made by two Carson Valley moms who are also health and fitness fanatics. They wanted to create a high-protein cookie for endurance sports, which would double as a healthy snack for their kids. The cookies they developed are huge and have lots of natural ingredients such as oats, unrefined sugar, peanut butter, and egg whites.

To enjoy any of the four flavors, you definitely have to like the taste of peanut butter. If you like your chocolate chip cookies to be the kind where the dough is only

there to help adhere the chocolate together, you could be disappointed. But I have found them to hit the spot on long, hot rides, since they're so moist, chewy, and good tasting; ignore the laughter from the rest of the group when you pull an enormous cookie out of your jersey pocket.

To try them for yourself and to support your local small business folk, order them at www.cookieboy.biz.

If you have products you'd like to review or have reviewed, please submit your reviews or ideas to the *Paceline* editor.



Board Meeting Minutes—August 6, 2007

Secretary: John Seher; Other Board Members: Jennie Hamiter, Michael Bayer, Dave Gaskin, Steve Thomsen, Di Bolton, Cory Bolton, Peter Costa, Tim Rowe, Mel Maalouf, Mike Beam, Darla Mazzoni, Tammy Lundquist and Dennis Pederson

1. Monthly Status Reports:

- **Treasurer's Report:** Dave Gaskin reports a bank balance of \$42,333.30 as of July 17, 2007. All of the tax preparation has been accomplished except the Club property inventory.
- **Memberships:** Michael reports we have 204 members including three new memberships.
- **Newsletter:** There will be a combined August/September newsletter to accommodate vacations of Paceline staff.
- **Website:** Dennis Pederson reported the ride board has modified to improve functionality and that there are lots of event pictures available
- **Twilight Road Races:** Director Di Bolton reports a good attendance at the Thursday night races, with the season winding down. The BOD affirmed the policy for carrying points forward if a racer changes category. Racers moving up may carry one half their points; those moving down do not carry forward any points.
- **Junior Team and Race Team:** Coach Mel has planned a trip to the San Jose velodrome.
- **Carson Valley Classic:** Steve Thomsen reports an increase of twenty percent in racer participation over last year. Also, the online registration through Sportsbase Online worked well. The final costs have not yet been compiled, but it looks like the event will turn a profit.
- **Adopt-a-Highway:** Cleanup coordinator Pete Costa reports massive amounts of junk to clean

up after the Death Ride. The club cleaned up an extra one half mile south of Turtle Rock Park.

- **Clothing:** The prospect of AACC casual t-shirts was discussed, and the BOD agreed to order some t-shirts for the '08 season.
 - **Weekend Rides:** No report on weekend ride activities.
 - **Bike Advocacy:** No new information on bike advocacy.
2. **Death Ride:** The AACC BOD members described their various experiences in production of the event such that John, Tim, and Cory can relay these at the next Death Ride Management Committee meeting.
 3. **End of Year Dinner:** The BOD was in agreement that the Club spends more money on this function than need be, and the money would be better spent on cycling activities. Darla and Tammy volunteered to explore options for a more economical EOY meeting.
 4. **KTT and GCX:** The BOD agreed to carry on with these events.
 5. **Officers for Next Year:** The BOD was polled informally to determine who might desire to continue in their positions. Most members agreed to stay on, though some positions will change. Formal election will be held at the EOY meeting.
 6. **Next Meeting:** Monday, September 10, 2007, 6 pm, Pizza Factory in Gardnerville.

Local Merchant Discount Program

For discounts from these local merchants, please visit the AACC website at www.AltaAlpina.org



