



PACELINE

**Alta Alpina
Cycling Club**

**Volume 11 Issue 9
October 2013**

Annual Membership Meeting, Awards Dinner, and End of Season Party

November 4, 2013, 6:00pm

2748 Lake Tahoe Blvd.,
South Lake Tahoe
American Legion Hall

This year our annual general membership meeting, awards dinner and end of the year party will once again be held at the American Legion Hall in South Lake Tahoe. (We're going to have different tables and arrange them so we're all in one room.)

It will be once again be catered by none other than the awesome YUM Truck!

Our menu will be new-and-improved and, by popular demand we'll have dessert and an open bar. Yum indeed! It's going to be delicious but if you want to eat, **Please RSVP as soon as possible**. To confirm your attendance:

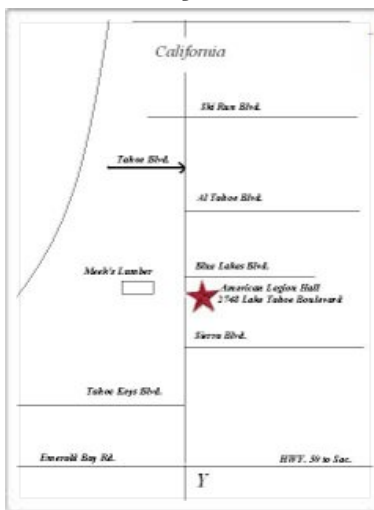
send email to LLindley@PearlIzumi.com

or call **530-541-9044**

If you have a family membership please list the names of those attending and the ages of all children in your RSVP. The event is free to all 2013 members in good standing. Non-members will be charged for a membership at the door. Still a sweet deal.

This is the club's annual meeting and officers for 2014 will be elected (President, Vice President, Treasurer, Secretary, Weekend Ride Coordinator, Membership Coordinator). Mel Maalouf, Curtis Fong, Lauren Lindley, and Dave Scarborough are all stepping down so these will be important elections for the club. Please consider running for office if you have just a little time to help with running the club. Any club member can run for any office. If you are interested, contact Mel Maalouf at president@altaalpina.org.

We'll have pictures of the outstanding events of 2013, Mel will be moderating a discussion around next year's programs including proposals for donations and ride reimbursements, then Di Bolton will be presenting the awards for the 2013 race series. Don't miss this fun event to cap off the riding season!



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**Mark this date on
your calendars now:**

Wild Sierra JUNE 28 2014

The Alta Alpina Challenget is the club's primary fund raiser. It pays for the Spring Century, the Fall Century, the Weekend Rides, and underwrites the Road Race Series and other club events. It generates the funds that we donate for bicycle advocacy projects around our region. If you value these club activities we're counting on you to volunteer a little time to help with the event. Please take the time now to reserve June 27 to June 29 on your calendar so you can help.



AACC Fall “Century” Ride and Pizza: Sweetwater Pass — Sunday, October 13, 2013

David Scarborough, Spring/Fall Century Coordinator

We’re holding an Alta Alpina end of the year club ride and pizza dinner for club members again this year!

We will start in Wellington, NV and ride to Bridgeport and back over Sweetwater Pass. There will be a club rest stop on top of Sweetwater. pass.

Participants will be on there own for support in Bridgeport. Food is available there so bring money for that, if needed.

Upon returning to Wellington, the club will buy all participants pizza so don't eat too much before hand!

Meet at Lampe Park in Gardnerville at 8:30am to carpool as parking at the start is limited.

We’ll then meet at CG Bar and Pizza in Wellington. We’ll roll out at around 9:30am so get there before 9:30am and be ready to roll.

We’ll take Wellington Cutoff (NV SR 829) out of Wellington. The route to Bridgeport involves a very gentle and scenic climb to Sweetwater pass on NV state route 338.

The rest stop will be located roughly half of the way to Bridgeport close to the highest point of the ride. We’ll have water and snacks there.

This is followed by a descent to the East Walker River. We cross into California and follow the river, ride around Bridgeport Reservoir, and reach Bridgeport. On the way back we’re likely to encounter a bit of a headwind

climbing back up to the rest stop and descending back to Wellington.

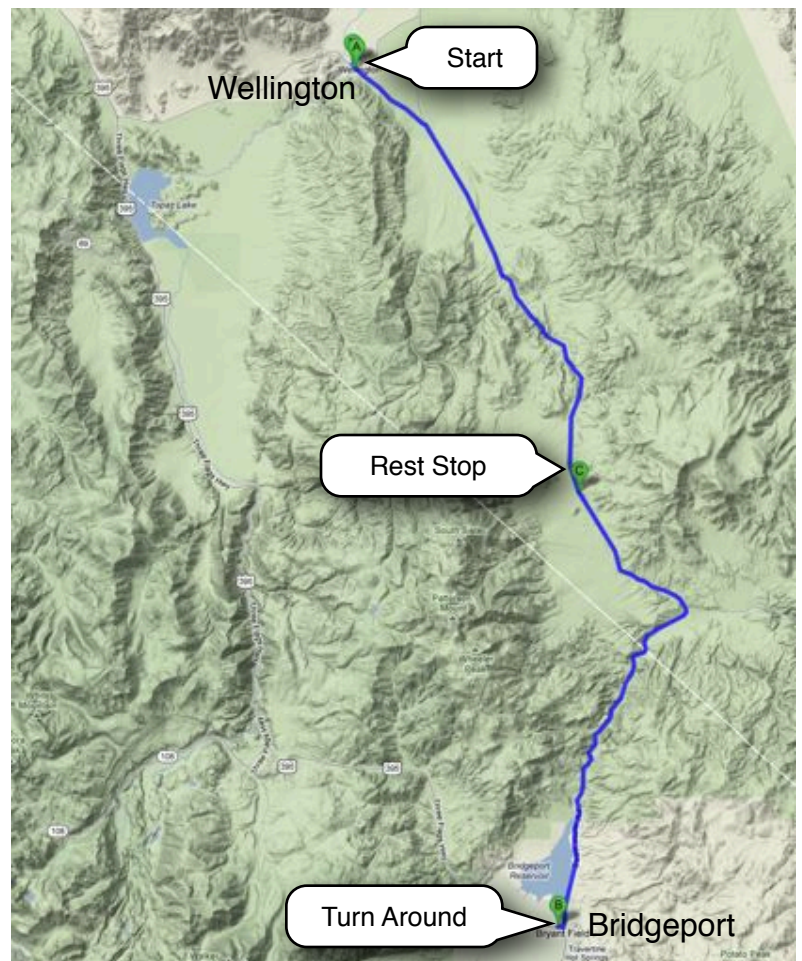
The whole ride is 88 miles.

This is a great time of year to ride as the weather isn't too brutal and the roads are less busy with traffic. It's also a great time to catch up with what's been going on with fellow club members and doing it at a leisurely pace. Pizza will be served starting at 4:00pm.

Please RSVP if possible so we can get a rough idea of how much pizza to order.

RSVP to: dave_scar@hotmail.com .

See you there!





Presidential Posting

Mel Maalouf, President

I wanted to take a moment to thank the current board for their service to you the membership and the cycling community. Some of the board have been in service for a single year for this term and a few a couple of years and a few for quite a few years. It is quite a delight to serve on the board with people who are willing to put forth a little effort and time to ensure our cycling community is healthy and growing.

We now have the opportunity to be able to give the reigns to some others in the club. There are a few spots open on the board and I would like each of you to consider taking on a role on the board. In this issue of Paceline there are some descriptions of the positions for the club Board. This year, we have many opportunities for you to step in to a leadership role for the club. Although the descriptions of the roles may seem like it is a lot of commitment, it really does not go much more than attending the board meetings and perhaps 1-2 hours of work outside the meetings and that is on the long side. Even being president, the long side of the commitment isn't burdensome.

It is an honor to be able to lead the club with such a rich heritage, but it is time for some new ideas and leadership. There are a few spots where the incumbents are stepping down. So I would you to consider stepping up into the following roles:

- President
- Vice-President
- Secretary
- Ride Director

Many of us have offered to assist in any transition and assist wherever necessary for the new leadership to thrive and lead the club into the next couple of years. All of us on the board now want to ensure that the continuation of the growth of the club and we retain our reputation as a premier advocate in the community.

If you have any questions or would like to discuss any of the options, please do not hesitate to contact me or the rest of the board. The board is a really great group of people (new and old board members) and you can be sure that the new board mates will be great lovers of cycling.

The elections will be at the annual meeting 4 Nov in Lake Tahoe. Looking forward to seeing some new names on the Board.

Local Merchant Discount Program

Details about local merchant offers is listed under "Merchant Discounts" on our website at www.AltaAlpina.org.





Election for 2014 Club Officers and Officials

The most important thing we do at the Annual Meeting and Dinner each fall is hold elections for club officers for the upcoming year. There are six elected positions (listed below), and any club member in good standing can run for any elected position. We need 20% of club members present at the meeting to make quorum, to hold a valid election. Even if there's only one person running for an elected position, we still need the members present to vote that person into office. Some of this may seem like a mere formality, but we need to have a formal election to adhere to our bylaws—it's one of only a handful of simple things we have to do so the club maintains its incorporated status.

If an officer wanted to remain in their position, we don't recruit people to run against them, though certainly anyone can nominate themselves or another club member for any position. At the Annual Meeting each year, we ask for last minute nominations, but if you'd like to run, or to nominate someone, you're encouraged to voice that nomination before the night of the meeting by sending an email to: President@AltaAlpina.org

The following is a list of the elected positions. More thorough job descriptions reside on the club website.

President – Vacant

Schedule meetings, develop agendas, and preside over all meetings. Ensure club members receive club news and write a monthly presidential posting for the newsletter. Serve as primary signer on AACC checking account.

Vice President – Vacant

Assist with organizing meetings. Preside over meetings if the President is unable to attend.

Treasurer – Frank Dixon

Maintain AACC financial accounts, including obtaining signatures for checking account, writing checks, making deposits, and providing the Board of Directors with a monthly statement of AACC finances. Ensure that all tax forms are prepared and filed on time.

Weekend Ride Coordinator – Vacant

Organize weekend rides April through October and recruit ride leaders as needed. Create ride schedule and send to newsletter editor and website coordinator. Email reminder to club several days prior to each weekend ride.

Secretary – Vacant

Prepare minutes for all Board of Directors and membership meetings. Manage all elections including the printing and distribution of ballots and the counting of votes.

Membership Coordinator – Robert Braun

Manage and maintain the membership database, including the "email sender-outer". Organize the Spring Membership Party.

Weekend Ride in Graeagle, California

David Scarborough,
Weekend Ride
Coordinator

On October 5th the Alta Alpina Cycling Club joined with the Plumas Sierra Bicycle Club and Procrastinating Peddlers for the Gold Lakes/Lake Basin ride. The ride was a great success and we hope to make it an annual event.





Bike Spokesman

Tim Rowe, Bicycle Advocacy

Hwy 395 – changes in bicycle commute:

The recent closure of the Frontage Road along Hwy 395 in south Carson has negatively affected bicyclists and pedestrians in the area. The area is basically from Lupin Drive to Snyder Ave for Carson City and is for the 4th (or so) phase of the Carson City by-pass construction. This is also a permanent closure with the ultimate last phase of construction for the Carson City by-pass and intersection of Hwy 395 at Hwy 50, Lake Tahoe junction.

Again the only bicycle commuting route from Douglas County to Carson City has been affected. One option for bicyclists and pedestrians is to use the 6-lane Hwy 395 to get in/out of town. This section of Hwy 395 from Lupin to Snyder has a speed limit of 50 mph but traffic can certainly flow at higher speeds. This section also offers limited, inconsistent or no shoulder on both north and south bound lanes. With new drainage construction a concrete K-barrier has been placed right on the edge of the highway from Hwy 50 to near Snyder-Roland Ave on both north and southbound lanes. This causes a further mental barrier to bicyclists as there is then no escape route in this area. These limits cause the bicyclist to then use part of the slow lane of a busy section of highway and vehicles have to change lanes to pass legally or safely with the 3-foot law. As an experienced bicyclist, I admit I feel unsafe in this area. The 15 seconds going along the concrete barrier in both directions is scary. I can just imagine how new-to-the-area or un-experienced bicyclists would feel. Two orange 'watch for bicycles' have been added by NDOT northbound, but they are small. There are also warning signs of 'shoulder work ahead' on both sides but maybe 'no/limited shoulder' signs could also be added in the narrow section to help warn drivers and riders.

There is a bicycle/pedestrian by-pass northbound, but is further out of the way. Bicyclists/pedestrians could turn right on Lupin and then turn right on Clear Creek Ave, go through the Stewart Community, then turn left on Snyder and right on Ponderosa (the only North-South open road in the area) and left on Appion Way or Clearview Rd to return to Silver Sage and access north to town. Note that Clear Creek and Ponderosa Roads are in poor shape with large cracks in the road and huge shoulder drop offs at times. Also on Ponderosa there are steel plates on the road for possible large construction vehicle crossings. When the Snyder Ave

bridge is completed in mid-November, this detour will be shorter. Then you can turn left on to Center from Clear Creek Road, then turn left on Snyder, over the new bridge, and then right on Silver Sage and into town.

Southbound there is no by-pass at this time. Bicyclists will either have to ride on the narrow/no shoulder section and then through the busy/high speed off ramp to Hwy 50 and the Hwy 50 intersection before hitting the busy Costco corner. Or riders can cut over to the east at Clearview and use the Ponderosa Road detour described above which will be shortened in November with the new Snyder Ave bridge.

Note that when the last phase of freeway construction is completed (in a few years) bicycling and pedestrian will have to cope with the new Hwy 50/395 –I-580 intersection. This intersection will still be an at-level traffic light controlled intersection (as it is today) to save money and hasten completion. Southbound traffic on I-580 will make a left and Hwy 50 west will go straight. Northbound traffic on US-395 will have 2 high speed on-ramp lanes for I-580. The official bike route will probably take the Clear Creek-Center Rd-Snyder-Silver Sage route to avoid those high speed on-ramps, as those tend to be bicycle/pedestrian unfriendly.

Nevada LOCAL Bike Plans:

NDOT is financing the preparation of 14 local bike plans in Nevada. These came as the result of the recent completion of the statewide Nevada Bike Plan. These will be done over the next 1.5 years by the contractor, Kimerly-Horn. First up was Douglas County in late August. Next up will be Churchill County and Lyon County. Then it will be Humboldt, Pershing, Lander, Elko, Eureka, Lincoln, White Pine, Mineral, Esmeralda and Nye counties. The purpose is assist rural counties develop bicycle plans, as they usually don't have the staff or materials to develop them totally on their own. The plans will help document the specific needs and preferences of the local bicycling community. Also it enables the preferred bicycling facilities to be 'piggy-backed' on to other public and private sector improvements. It identifies priorities for recommended changes in local laws, policies, programs and infrastructure. Lastly, it enables the jurisdiction to compete for possible federal and state funding for the construction of bicycle facilities once approved by NDOT. [Continues next page]



Bike Spokesman (continued)

October is Pedestrian Safety Awareness month!

Pedestrian safety starts with you! Drivers and Pedestrians: Be Smart and Travel safely.

October 1 – New Safe On Red Law takes effect!

If a bicyclist or motorcyclist is undetected while stopped at a signal – they may move through the intersection after two light cycles and when it is safe. Check SafeOnRed.com for more information. This law was the

main bicycle related law to pass the Nevada Legislature in 2013.

California Governor Jerry Brown – signs the California 3-foot law.

After a few tries California now becomes the 22nd state to do so. Nevada already has a 3-foot law from 2011. The increased education to drivers should help bicycling!

Davis Creek Cyclocross

Michael Bayer, Newsletter Editor

Fun on a bike come sun or rain or snow...

Alta Alpina Cycling Club will be hosting the second annual Davis Creek Cyclocross race on December 7 at Davis Creek Regional Park located just off US 395 in the north west corner of Washoe Valley.

The course combines pavement and single track, it climbs and drops through a Jeffrey Pine forrest and out into dessert scrub, and it incorporates run-ups and barriers for all the great features of a hilly cyclocross course.

Come out to race, volunteer, or just spectate. Contact [Robert Braun](#) if you can help as a volunteer. We need people to help layout the course and restore the course after the race. It doesn't take too much time and volunteers race for free.





Club Clothing

Michael Bayer, Newsletter Editor

The current club clothing has been very popular. Lauren reports receiving lots of positive feedback for the superior quality of the Pearl Izumi manufacturing and some people have joined the club just to get access to our club kit. If you haven't yet picked up



your new club clothing be sure to check it out. We have a good inventory right now but we need to figure out how much will need to be ordered for next year.

2014 Club Coordinators

Michael Bayer, Newsletter Editor

2013 was a banner year for Alta Alpina events. We've enjoyed fabulous, fun club activities so far this year:

- Spring Century
- Pinenut Cracker
- Kingsbury Time Trial
- Weekend Rides
- Race Series
- Alta Alpina Challenge
- Highway Cleanups

Behind each of these events is a club officer or official who volunteers to organize the event and coordinate the rest of the team that make these activities possible.

Getting involved in organizing these events is a great way to meet fellow club members, learn some new skills, and have a lot of fun.

We're looking for new volunteers for 2014 so please talk to a board member if you can spare a little bit of time.



LEARN TO NORDIC SKATE SKI



Offered by LTCC

WLD 122C / WLD 122D / WLD 122E
Classes begin - Jan. 10 thru Mar. 28
Fridays 9 a.m. to Noon
Located at - Tahoe XC
Tahoe City's "World Class" XC Resort

*To Register – call (530) 541-4660 or online at www.ltcc.edu
 Equipment and trail pass included.*



Alta Alpina Cycling Club

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 Minden, NV 89423 877-845-BIKE
 www.AлтаAlpina.org

MARK YOUR CALENDARS

AACC Fall Century Sunday, Oct 13
 Daylight Saving Time Sunday, Nov 3
 Ends
 Annual Meeting & Party Monday, Nov 4
 (Legion Hall in South
 Lake Tahoe)

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AлтаAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

Mei Maalouf	President	president@AltaAlpina.org	775-782-9652
Curtis Fong	Vice President	tgft@bikethewest.com	775-588-9658
Lauren Lindley	Secretary	llindley@pearlizumi.com	
Frank Dixon	Treasurer	ozatlake@gmail.com	530-318-1574
Robert Braun	Membership Coordinator	robertingville@yahoo.com	
David Scarborough	Weekend Ride Coordinator	ridedirector@AltaAlpina.org	530-318-7878
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
Di Bolton	Thursday Road Race Director	di.bolton@frontier.com	775-781-4660
Robert Braun	Pinenut Cracker Mountain Bike Race	robertingville@yahoo.com	
Tammy Lundquist	Road Cleanup Coordinator	tahoe.tammy@gmail	530-545-3155
Michael Bayer	Paceline Editor	paceline@AltaAlpina.org	
Ellen Sherrill	Hillacious Century Series Coordinator		
Mei Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Joe Marzocco	Website Coordinator	j_marzocco@yahoo.com	
Tim Rowe	Bicycle Advocacy Coordinator	Trowebikes@aol.com	775-267-9531

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe.. Join us on **November 4** at the **Legion Hall in South Lake Tahoe.**

Newsletter Publisher:
 Michael Bayer