



PACELINE

**Alta Alpina
Cycling Club**

Volume 3 Issue 10
November-December
2005

Presidential Pause

Jennie Hamiter, AACC President

“It’s the Most Wonderful Time of the Year”?

Many cyclists don’t agree with that classic song of the season. But winter really isn’t that bad, even for cyclists. Think of it as a time to give your body a break from moving your feet in circles all year – a time to get out and do something different. A great form of cross-training is cross country skiing. If every year you say that you’d like to take it up, this is your year. Kirkwood Cross Country is holding an “AACC Day”; \$18 gets you a cross country ski clinic and trail pass, on Sunday, January 8th. All levels, both classic and skate skiing, are welcome at the clinic - see the box to the right for coupon and details.

Note that the earliest **sunset** of the year is actually around December 7th. By the time New Year’s rolls around, no more complaining about it getting dark too early!

Genoa Cyclocross

Thanks to Mel Maalouf for directing the Genoa Cyclocross, the first CX race that the club has held (to the best of my knowledge). The course was creative and challenging, and he even got some of the property owners to allow the race to cut across their front lawns! We had about 40 racers total – just about right for our first time, and about 25% more racers than we

expected. We haven’t heard back from the town of Genoa yet in order to gauge the residents’ response to the race, but if it was positive, we should definitely hold this race again next year. And if it was negative, then hopefully we can make some changes, and hold this race again next year.

Gratitude for a Great Year

Thanks to everyone who volunteered at the club events this year - you helped make 2005 a fun, eventful year for riding in the greater Alta Alpina Cycling Region. Thanks especially to a terrific group of board members, who worked hard all year long to keep things hopping. In particular I want to thank our outgoing officers: Rick Miyashiro, secretary, who for the past 2 years did a great job of recording the important points from our board meetings each month, and who also is one of the most reliable volunteers this club's got. Chris McMillen, vice president, who helped keep our board meetings on track, and doubled as our clothing coordinator. And Troy Walters, Wednesday Night Race Director, who, despite having a hectic year opening a new bike shop in the area, still managed to organize another great season of club races. I appreciate your efforts, guys.

I look forward to riding and working with you all again in 2006!

Inside this issue:

<i>A Bike Story</i>	2
<i>Member Profile</i>	3
<i>2006 Officers & Officials</i>	4
<i>LOTOJA 2005</i>	8
<i>2005 Cycle Oregon</i>	9
<i>Mountain Bike Mantra</i>	9
<i>Board Meeting Minutes</i>	10
<i>Genoa Cyclocross</i>	11

Cross Training at Kirkwood

Jan 8th is AACC day at Kirkwood Cross Country.

Join us for a day of cross country skiing at Kirkwood. \$18 includes morning lesson and trail pass. To attend, please RSVP to:

president@AltaAlpina.org

Club Discount

In addition, AACC members receive \$5 off on a trail pass for a second day of cross country skiing during the 05-06 season. To get your discount, just bring your membership card or this notice on the day that you ski.

Kirkwood Cross Country
Highway 88, near Carson Pass
Kirkwood, CA
209-258-7248
www.kirkwood.com



Biking In Two's...Or More

Bill Story

It started simply enough. After being an avid rider for many years, I had run into the problem that my girlfriend (now spouse) and I were unable to ride a century together due to differing abilities. "You guys should get a tandem!" everyone told us (as if tandems were free). I must say the idea had crossed my mind. Soon I was on my way to Grass Valley, CA "just to look" at a used Santana. "I took some money out of savings," I told her, "but I'm just going to look." A few hours later, we were tandemers.

Tandeming has most of the best attributes of riding a single while at the same time being a world apart. While being fast on the downhill and flats and somewhat slow on the uphill, tandems are a great equalizer. Both riding partners ("captains" in front and "stokers" in the rear) get a great workout. And get two tandems riding side by side and you've got a 4-way conversation.

Tandems are great fun on centuries, but they have an event all to themselves: The Tandem Rally. Tandem rallies are usually multi-day events; they may have Fri, Sat, Sun rides, a banquet, ice cream social, tandem rodeos, and brunch rides. They range from small (20-30 tandems) to large (2000 tandems). It's not the hard core hammer-head crowd, but a more easy relaxed version of a century with lots of families and, of

course, couples.

As our family grew so did our tandems. Seven years ago, we acquired a Co-Motion triplet, so our daughter could ride with us; then the triplet towing a baby trailer, then a trail-a-bike. When our 3rd child arrived, we used two tandems with the baby trailer. Finally, this Spring we bit the bullet and had a convertible quint built. Yes...a 5 person tandem. With S&S couplers it can be a tandem, triplet, quad or quint depending on our needs that day.

This July we headed off to Bend, Oregon (this year's host for the Northwest Tandem Rally) with our RV and quint in tow. Over 950 participants, including about 15 triplets, 4 quads, our quint, and of course, tandems. Many of the participants camp at a rally headquarters which makes for a very festive locale. The rides were great, with plenty of rollers, hills, and flats. They gave awards for the oldest combined team age (160+ years), and the youngest (19 years), and who has traveled the farthest (Key West, Florida). Next year's rally will be in Corvallis, Oregon and the '07 Rally in Yakama, Washington.

Tandeming is great activity our family can do together; we really enjoy it and would recommend it to anyone. You'll see us out at centuries as we zoom by. Nothing like a 4 year old yelling "On your left !".



The Story Family out for a ride on their quint



AACC Member Profile:

Tim Rowe

AACC Member since: August 1989, and have been an AACC Board member since 1990. Served as President (2 stints), Vice-President, Treasurer, Death Ride Coordinator, Death Ride Vendor and Tech Support Coordinator, and lately Death Ride Committee Member. Also assisted my wife, Hank, with the newsletter for a couple of years.

Current Residence: Carson City, north Douglas County

Immigrant from: Iron Mountain, Michigan in the Upper Peninsula, and then Pollock Pines, California, and onto Los Angeles, Sacramento, Reno, Anchorage, and Carson City.

Résumé: Have been riding consistently since 1987, averaging about 3,400 miles a year for 17 years now. Enjoy century rides the most, averaging 9 per year the last 17 years. A couple of years did over 6,000 miles and 16 centuries.

Race Category: D, slow but steady

Bikes I ride: TREK 5200 carbon fiber, a Specialized Allez carbon (my spare at-work bike), and a Burley tandem and a kid cart.

How I support my Bike Habit: I've been a Hydrologist for U.S. Geological Survey for 26 years now, mainly doing water quality and stream flow studies. Currently work as USGS Liaison at Lake Tahoe and as the Biologist for a National Water Quality Study on the Truckee and Carson Rivers. Worked in California, Alaska, and for the last 18 years in Nevada. I've always enjoyed my job. Also worked as a Fisheries Biologist for US Fish & Wildlife Service, US Forest Service and California Department of Fish & Game.

In one word, my cycling style is...: consistent.

Favorite Rides: Fall River Century, Chico Wildflower, Wine Country, Fall High Sierra Century, and Cycle Oregon to name a few. Best day of riding was on Cycle Oregon, riding around Crater Lake a few times and then the 35-mile descent to Prospect in under an hour with a great paeline. Also enjoy a good lunchtime ride with co-workers.

Favorite Post-Ride Food: BBQ turkey and a good micro-brew



Other Sports & Pastimes: Hiking, snow shoeing, raising a 2 year old, communicating, photography, yard duties, camping, traveling and exploring around

Ambitions/Aspirations: Enjoy life and my family and friends, stay healthy, share good times and always smile.

My Motto or Inspired Quote: Be positive, honest and move forward. Do the best you can – the first time.

Grab Bag: Been married to my best friend, Harriet (aka Hank) for almost 7 years of fun. Have 3 wonderful kids, Lisa-22, Sara-19 and Christopher-2. Favorite job ever was working as a Ride Operator at Disneyland when I was in college at USC. Walt Disney Productions knew how to treat, value and reward their employees. Like Disneyland and the Nugget in Sparks, I will be 50 this year – help me enjoy it to the fullest! Maybe do a ride with me or climb Mt Whitney. Most interesting place to live/work – Alaska. Alaska is a neat state, but not the best for bicycling, as the winters are too long. Worst day of cycling – crunching my bike under the carport back in 1990. When I heard a noise and then my seat landed on my hood, I knew I was in trouble! Enjoying my current appointment on the Nevada Bicycle Advisory Board. Pedal on!



2006 Officers and Officials

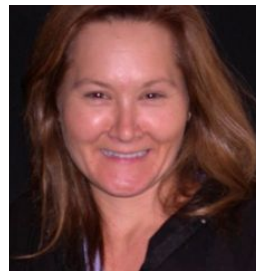


Jennie Hamiter

President (Officer)

- Set location, time, and agenda and then preside over monthly and special board meetings, and membership meetings. Develop agendas by obtaining status reports from all officers and officials and tracking all financial and other requests made of the club.
- Serve as second signer on the AACC checking account.
- Hold storage shed key.
- Monitor the work of the Death Ride Committee.
- Ensure that all activities are successfully planned and executed, by assigning or finding and appropriate individual or team to coordinate each, as appropriate.
- Ensure that club members are informed of everything going on with the club. ...via the newsletter, the website, and the club's hotline....
- Request and coordinate nominations for the next year's club officers.

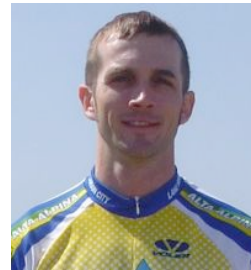
- Attend local meetings regarding issues important to cyclists.
- Write a column for each edition of the newsletter.
- Keep the club members' best interests in mind. In all decisions, ensure that all club officers and officials represent and are accountable to all club members.



Darla Mazzoni

Vice-President (Officer)

- Assist with organizing monthly and special board meetings, and membership meetings.
- Preside over monthly and special board meetings, and membership meetings if the President is unable to attend.
- Serve as alternate second signer on AACC checking account.
- Pick up club mail from Post Office box, if needed.
- Assume responsibilities of vacant officer and official positions.



Jeff Ham

Treasurer (Officer)

- Maintain financial accounts of the AACC including obtaining signatures for checking account, writing checks, making deposits, and providing the Board of Directors with a monthly statement of AACC finances.
- Ensure that all tax forms are prepared and filed on time
- Serve as primary signer on AACC checking account.
- Coordinate budget planning process with all officers and officials having budget responsibility
- Present annual budget to BoD for approval
- Process membership checks and updating database
- Process member reimbursements
- Process NCNCA & USCF memberships



Kristine Brown

Secretary (Officer)

- Manage and archive AACC records as required in bylaws
- Prepare minutes for all Board of Directors and membership meetings, distribute to all board members for ratification.
- Provide final minutes to newsletter editor for publication.
- Manage all elections including the printing and distribution of ballots, the counting of ballots, and the announcement of election results.



Michael Bayer

Membership Director
(Officer)

- Manage and maintain membership database and system for sending to member email lists
- Provide current mailing list label data for newsletter and mailings.
- Update membership agreement as required and maintain archive of signed membership agreements
- Ensure membership webpage is current and provide updates to website coordinator
- Organize annual membership meetings
- Prepare mailings and forms to promote and process membership
- Recruit new club members and contact those with expired memberships.

Newsletter Publisher
(Paid Official)

- Maintain budget and submit expenses to Treasurer
- Layout, typeset, and arrange printing of monthly newsletters
- Coordinate labeling and mailing of monthly newsletters



John Seher

Ride Director (Officer)

- Organize weekend rides April through October
- Scout new ride locations and classify rides
- Recruit ride leaders as needed
- Devise ride schedule and send to newsletter editor and website coordinator
- Post weekend rides on rideboard
- Tabulate weekend ride mileage for awards
- Assist with Death Ride and other club events
- Promote participation in club events

Death Ride Committee Representative (Official)

- Represent the AACC Board at meetings of the Death Ride Committee (DRC).
- Attend AACC board meetings to present and discuss issues before the DRC and convey the board's position to the DRC.
- Negotiate Death Ride contracts and work with the Death Ride Coordinator to develop the Death Ride budget and annual calendar of deliverables.



Mel Maalouf

Race Team Director
(Official)

- Propose annual race team budget and list of designated races to AACC board.
- Maintain race team roster, organize and chair race team meetings, and facilitate training rides.
- Ensure race team webpage is current and provide updates to website coordinator.
- Provide guidance, including strategy, to racers and facilitate carpooling to races

Junior Coach (Official)

- Propose annual junior team budget to BoD and operate bicycle loan program for junior team members.
- Coach junior riders, and organize and run junior team events. Maintain coaching skills and a valid driver's license.
- Recruit prospects for junior team and advocate community involvement.
- Ensure junior team webpage is current and provide updates to website coordinator.



Christine Anderson

Road Race Director
(Paid Official)

- Prepare annual program budget for Wednesday night race series
- Propose schedule for 16-18 week race series with road races, time trials, and criteriums.
- Coordinate with Reno Wheelmen for RW/ AACC four-race series
- Obtain insurance coverage and manage waivers
- Obtain all permits needed and work with local law-enforcement officials
- Ensure there is a race leader/official for each race who will organize, support, and manage the race, and set up and clean up the course.
- Promptly distribute race schedules, reminders, and results via the membership mailing system and work with the newsletter editor and website coordinator to ensure that they



appear in the newsletter and on the website.

- Provide light snacks and drinks for the races
- Order prizes and awards and present them at the end of the season event Maintain knowledge of USCF, NCNA, and NORBA race rules



Dennis Pederson

Website Coordinator
(Official)

- Prepare and implement a plan for the organization, graphical design, and maintenance of the club website. This should include the process for board members to submit content to be placed on the webpages in their areas of responsibility.
- Ensure that contents of webpages, and the home page in particular, remain up to date. Participate in board meeting and coordinate with other board members to ensure timely submission of content.



Libby Oakden

Newsletter Editor (Paid Official)

- Develop a project plan with themes and content for each of the 10 monthly newsletters (no newsletters in November and January). Establish monthly timelines for content submission, editing, and proofing.
- Solicit articles, photographs, graphics, and captions from members. Participate in board meetings and ensure that all club events are appropriately covered in the newsletter.
- Review and edit all submitted text and captions for grammar, spelling, good taste, and size. Check that all photographs and images satisfy publication requirements. Secure permission to publish all content received.
- Deliver all content to Newsletter Publisher in form and by date agreed with publisher.



Tim Rowe

Bicycle Advocacy Coordinator (Official)

- Ensure advocacy webpage is current and provide updates to website coordinator
- Attend bicycle advocacy meetings and events on behalf of the club
- Prepare regular newsletter articles on bicycle advocacy efforts and opportunities of interest to AACC members

DeathRide Committee Representative (Official)

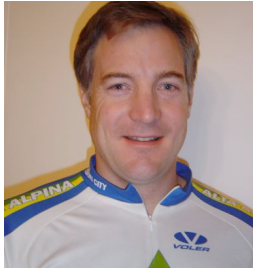
- Represent the AACC Board at meetings of the Death Ride Committee (DRC).
- Attend AACC board meetings to present and discuss issues before the DRC and convey the board's position to the DRC.
- Negotiate Death Ride contracts and work with the Death Ride Coordinator to develop the Death Ride budget and annual calendar of deliverables.



Joe Marzocco

DeathRide Coordinator
(Paid Official)

- Complete all Alta Alpina Cycling Club responsibilities and deliverables for the Death Ride (as documented in the contract with the Alpine County Chamber of Commerce and set by the Death Ride Management Committee).
- Prepare and update an annual calendar of Death Ride deliverables and deliver monthly progress reports to the club's board of directors. Attend monthly board meetings to consult with board members.
- Attend club events and races, prepare newsletter articles, and submit website content to recruit death ride volunteers and keep the membership informed of the Death Ride.



Dennis DeLange

Road Cleanup Coordinator (Official)

- Coordinates road cleanup program with Caltrans
- Obtains and maintains necessary training and equipment
- Proposes cleanup schedule
- Promotes participation in cleanups and leads cleanup crew
- Ensure appropriate webpage is current and provide updates to ride director, website coordinator, and newsletter editor



Jim Rhiner

CVC Coordinator (Official)

- Propose date, course(s), parking areas, registration process and areas, and prizes (if any)
- Prepare event budget
- Provide promotional content to website coordinator, newsletter editor, and other publications
- Signup and manage all needed volunteers
- Obtain all needed insurance, permits, and permissions

- Obtain all needed equipment, food, and prizes (if any)
- Direct the event on event day
- Organize registration process including waivers and volunteer training
- Coordinate with sanctioning body

TBD

PNC Coordinator (Official)

- See CVC Coordinator

TBD

Genoa CX Coordinator (Official)

- See CVC Coordinator

TBD

Mountain Bike Race Director (Paid Official)

- See Road Race Director

TBD

Clothing Coordinator (Official)

- Propose design changes and clothing purchases to BoD
- Recommends clothing vendor(s) to BoD
- Prepares clothing budget
- Work with selected clothing vendor(s) through every stage of production and purchase process
- Ensure appropriate webpage is current and provide updates to website coordinator
- Work with selected merchants to monitor clothing inventory and receipts

Local Merchant Discount Program

For discounts from these local merchants, please visit the AACC website at www.AtaAlpina.org

Show your AACC Membership Card at time of purchase. [If are an active AACC member, the mailing label on the first Payscale you received upon renewal has the club logo and note indicating that it is your membership card.]





LOTOJA 2005, What a Difference a Year Makes

Steve Cooke

Five, four, three, two, one---- Go. I zeroed my bike computer and was off on LOTOJA 2005. LOTOJA, an acronym for LOgan TO JACKson, is a 206-mile race that begins in Logan, Utah and ends in Jackson, Wyoming. This race has grown in popularity from several hundred racers approximately 8 years ago to 1000 this year and according to the promoter, it is the longest one-day sanctioned USCF race in America. In fact there are so many riders at the start, that similar groups of approximately 50 racers are started at 3-minute intervals beginning at the first sign of light.

This year's race was a bit more interesting than usual as Mother Nature played a large role in the outcome. Within the first 35 miles, rain started falling which later turned to snow over the first of three passes. Because inclement weather was not anticipated, many of the racers were improperly dressed and most ended up quitting or were hauled off the first pass and treated for hypothermia. It was reported that 137 racers were treated for hypothermia and 30 of them ended up in the hospital. I too was one of the unfortunate ones who were improperly dressed and I paid the price. By the time I made it off the first pass and to the second feed zone, I was shivering uncontrollably and my hands were swollen, stiff and burning with pain. I had extra clothes in the car and my support (my wife) was a godsend and had the gear waiting for me. With her help, I put on the winter riding gear and took off chasing the Mr. Seven and Mr. Cannodale, 1st and 2nd respectively in my race group. Those two racers dropped me coming off the first pass since I could barely hold onto my handlebars.

Leaving the feed zone, I figured I was only 80 miles into the race so I still had a good shot at catching these guys if I raced smart. Since there were still two more passes to climb, I pushed hard over them and caught Mr. Cannondale. We stayed on each other's wheel, picked up more riders and eventually formed a decent paceline. By now the sun was occasionally poking through the clouds and the thought of the weather clearing up appeared to be promising. NOT!! At about mile 120, the rain picked up again and after only a few miles I was soaked but at least now I was somewhat warm. The group I was riding with worked well together taking turns at the front. However due to the constant



Shaun Mathewson

wheel spray, you really couldn't draft unless you enjoyed swimming in constant spray of wheel grime. About now, I'm thinking if I stay with Mr. Cannondale, we might catch Mr. Seven and make a true race out of things. As fate would have it, I flatted and as I pulled off the road, I watched my paceline group and Mr. Cannondale quickly speed away. I changed my wheel thanks to neutral support and picked up another paceline group. This group was weaker than the previous one with exception of one guy, who I named Mr. Litespeed. Both of us dropped the paceline group and worked together for the next 70 miles. As we neared Jackson, the rain stopped and the roads dried out a bit. I figured since we didn't catch Mr. Cannondale in the Snake River Canyon, I would have to be content with the outcome and hope that next year's event goes better.

Approximately 3 miles from the finish I started to really run out of steam and all I wanted to do was end this ordeal as I was tired, cold, wet and my neck, right knee and shoulders felt like they had been beat on with a club. It was my turn to take a pull up front so as I pulled around Mr. Litespeed, I noticed a guy in the distance all by himself who looked kind of like Mr. Cannondale. As we got closer, sure enough it was him. Now I'm thinking as crappy as I feel, do I have it in the legs for a sprint finish? The answer was no way. So I passed Mr. Cannondale, turned up the pace, got into the drops, and pushed as hard as I could for the remaining distance. I kept thinking that at any moment I would see Mr. Cannondale ride up beside me, throw it into overdrive and leave me behind. However as the kilometer signs slowly ticked by there was no sign of Mr. Cannondale and I ended up crossing the finish line about 1 minute ahead of him. Overall I finished 1st place in my start group with a time of 10 hours and 48 minutes, 3rd out of 84th in my age group and 61st out of the 1000 folks that started. At the awards ceremony the next day, it was reported that approximately 575 people, including Mr. Seven had dropped out of the race due to weather related issues. LOTOJA 2005 will be one race I'll remember for a good long time.



Cycle Oregon 2005

Jim Rhiner



Cycle Oregon 2005 was an event that went beyond my expectations of what an organized week-long bicycle ride would be. It starts with all the friendly people helping you - things you expect and of course appreciate, but here are some of the things that will make Cycle Oregon (CO) a new requirement for me each year.

CO began 18 years ago, when a Portland editorial writer asked if anyone wanted to go on a bike ride through some different parts of Oregon, and 800 people showed up. Logistics were figured out as they went. The ride evolved, as now they have the Oregon State Police, medics, mobile gourmet, tent porters, a local TV weather man, support everywhere, top notch mechanics, great entertainment, and much more. It's impressive; I have followed the Tour de France four times, and CO's moving support is just as polished. But then there's the heart of CO; it goes to small communities, provides them with funds, and in turn riders show up to a throng of great people that really love to see us roll in. I did not pick up my 100 pound bag once - the local football player or cheerleader did.

Each evening the show began with the CO police representative telling his nightly joke on stage; then he'd give us the next day's tips and safety suggestions. After that the Portland TV weatherman gave his report, then nightly entertainment started. It was good as I stayed up each night, which is quite uncommon for me as I ride really hard as that is my relaxation method (at CO you could always choose the Beer Garden, if you're so inclined).

Whatever works - for me it is leading a 28 mph paceline in 20 mph headwind wind, challenging anyone who came near me. For two days I played the game of no draft and would not allow anyone to draft behind me. So those fit people who think they can't get a workout at an event like that - I sure did. I ate lots of great food and lost 3 pounds.

I have four weeks vacation next year. Before CO 2005, I was planning to use it to follow the Tour de France, and to go to Italy and check out the Dolomites. Things have changed; now it will be three weeks in France and Italy, and one week in Oregon for CO 2006.

For more info, visit <http://www.cycleoregon.com>

MANTRA ON A MOUNTAIN BIKE

Scott Gibbons

I am an individual that enjoys the sport of mountain biking, I am not a "mountain biker."	I believe passion does not equal common sense.	I am a visitor, participant, and trustee.	I believe that a higher power can be anything, but sometimes needs an overhaul or new component.	I take only pictures and memories, often leave tread marks, sometimes leave DNA.
I am a participant in a low-impact, legitimate form of outdoor recreation.	I believe in the application of scientific research in determining appropriate legislation for the wilderness and outdoor recreation.	I am a keen observer of the beetles, bobcats, and snakes, I don't hug the bear cubs.	I believe more beats per minute is better than more inches of travel.	I give my time in establishing properly constructed trails, maintaining access for all, and correcting the mistakes that have been made in the past.
I am a steward of the environment, an amateur naturalist, a believer in human powered transportation.	I believe in the inclusion, and not the exclusion, of all user groups in determining what recreation forms are appropriate for different areas.	I am in awe of the art of that gave birth to the arrowhead, and wonder of its creator as I return it to a place of safe refuge.	I believe using lock-outs and not shifting during an entire ride fulfills the technical definition of "rigid singlespeed."	I tell others the story of a love of a sport that saved me from descent into darkness and death.
I am NOT the enemy	I am NOT the enemy.	I take delight in the wild colt's challenge of a race, and its unavoidable deposit on the trail.	I believe a rider losing 10 lbs of weight constitutes a significant component upgrade.	I ask that reason triumph over rhetoric, that actions speak louder than words.
		I am NOT the enemy.	I am NOT the enemy.	I AM NOT THE ENEMY



Board Meeting Minutes — October 2005

Secretary: Rick Miyashiro; Other Board Members: Michael Bayer, Jennie Hamiter, Jeff Ham, Joe Marzocco, Tim Rowe, John Seher; Other Attendees: Christopher Rowe

1. Monthly Status Reports:

- **Treasurer's Report:** Current balance is \$45,130.52. A deposit check was sent to The Ridge for the Fall Party.
 - **Weekend Rides:** October 8th, Saturday, is the last scheduled ride for the season. Many thanks to Keith and Monica Hart for hosting the 521 Ellivrendrag.
 - **Wednesday Night Races:** Race awards will be presented at the Fall Party. Troy is resigning as director and Christine Anderson has volunteered to be the new director.
 - **Newsletter:** Libby Oakden has volunteered to be the new editor.
 - **Carson Valley Classic:** Jim Rhiner is reserving Minden Park for the criterium on Sunday next July. The BOD passed a motion to pay for the reservation.
 - **Junior Race Team:** Mel purchased two new bikes for \$1,259.00. He is requesting \$750.00 for a new frame and build kit. The BOD passed a motion to give Mel \$800.00. The Junior Team has two new racers.
2. **Mountain Bike Patrol:** Mickey McDowell would like to speak to the BOD about the Mountain Bike Patrol.
 3. **Memberships:** The club boasts 187 memberships. The biggest problem from the members' responses was printing of the waiver form. Michael requested funds to purchase a new filemaker program to update the membership file. The BOD approved a motion to spend \$300.00.
 4. **Clothing:** A new order will be taken at the Fall Party. An interest has been expressed by numerous members for a long sleeved jersey. An e-mail poll will be sent to the members prior to the party.
 5. **Genoa Cyclocross:** Insurance and permits still need to be secured for the race. Volunteers are needed for course marshalls, registration and

course preparation. Expected expenses of \$700.00 approved by the BOD.

6. **End of the Year Party:** RSVP's are due by October 27, 2005. RSVP by e-mail or by calling the Club Hotline. Rick will bring the name tags and the ballots (for voting in new officers). There will be assorted raffle prizes.
7. **Death Ride:** Joe presented the Death Ride Manager's Report. He recently attended the Interbike convention and met with sponsors and solicited sponsors as well.
8. **New Business:** The BOD approved a \$200.00 gift for Mel and his wife for their continued support of the Junior Race Team. The Death Ride Committee has invited the AACC BOD to their mixer on October 20, 2005.
9. **Next Meeting:** Monday, November 7, 2005. Gardnerville Ranchoc Pizza Factory.

Board Meeting Minutes — November 2005

Secretary: Rick Miyashiro; Other Board Members: Michael Bayer, Jennie Hamiter, Chris McMillen, Tim Rowe, John Seher, Troy Walters; Other Attendees: Kris Brown, Christopher Rowe

1. Monthly Status Reports:

- **Treasurer's Report:** Jeff Ham not present.
 - **Junior Race Team:** Per email from Mel, the juniors will start weight training in a week at Ron Peck's Sierra Physical Therapy Clinic. The Board approved \$100.00 to the team for cross country ski rentals at Spooner Lake. The lessons are free for the juniors.
2. **Mountain Bike Patrol-Spooner Lake:** This issue was tabled until the next meeting.
 3. **Clothing Order:** Twenty one orders for long sleeved items were received. John will order 50 items of standard sized clothing to receive the discount for a quantity order.
 4. **Wrap Ups:** The Genoa Cyclocross was a successful event and the racers expressed positive responses. Mel will give feedback regarding the event. The End of the Year Party was also well



attended and well received.

5. **Death Ride:** Joe was not present but he sent The Death Ride Manager's Report. The website was updated and The DR will go with the ticket system to manage the lines at registration. The DR Committee decided not to purchase the cancellation insurance due to it's high cost.
6. **Membership and Bike Advocacy:** Michael initiated discussion on increasing the membership in order to increase bicycle advocacy. The following ideas were agreed upon as feasible with ease of implementation: (a) Place placards at local bicycle shops with the AACC Newsletter and AACC information. (b) Free one year memberships to purchaser of new bicycles at local shops. (c) Encourage more mountain bike riding participation with possible race series that would be free to AACC members.
7. **Specialized Deal:** No resolution was reached on this issue as the parties involved in initiating this discussion were not present. Jennie will investigate the details of this proposal.
8. **Next Meeting:** Monday, December 5, 2005 at the Gardnerville Ranchos Pizza Factory at 6 PM.



Genoa Cyclocross 2005

Mel Maalouf, Genoa CX Coordinator

The inaugural Genoa CX seemed to be a ginormous success. It all started about 3 years ago when I was riding through Genoa in the fall and saw that the dirt roads, parks, houses, trees and shops would make a great setting for a Fall Festival Cyclocross. Getting approval wasn't easy, but in the end the Town Board of Genoa approved the event for 2005 and I want to thank them now for their time and consideration.

I was a bit nervous about putting on (a) my first sanctioned race, (b) my first Cyclocross, and (c) the first one in Genoa. I have received a lot of praise from those who helped, but there are two things that made this a success: God smiling his grace upon me and the club. I wanted to take some time to thank those who showed up on the prep day a week ahead of time, and the day of the race. I won't name names (because i have a terrible memory so I know I will forget someone and the quality individuals who make up this smokin' bike community are humble and wouldn't want to be singled out). In the end, the course set-up, registration, officiating, course clean-up, and the countless other details the volunteers took care of that i don't even know about, made putting it on an absolute pleasure. The club came together so well that I was even able to ride in one of the races. I just can't say enough about the effort, initiative, thoughtfulness and commitment that the club showed throughout all aspects made the event an absolute pleasure. I would give some of the team vague and un-clear direction and I would come back minutes later and bam! cool chicanes, turns, barriers would sprout up! With this kind of support, we can do just about anything.

I really wanted to ride the course since I thought it would be good to do quality control (plus it was just a beautiful smackdown day). I was a little concerned about some of the safety aspects and also wanted to see how some of the features turned out... There were no safety concerns and the features turned out ridiculously fun.

I won't bore you with the race details, but it was nice to see lots of AACC racers. if we can swing it again next year, and I really hope we can, I look forward to seeing even more club members turn out with shovels and wheels.

Special thanks to: Town of Genoa, Greater Genoa Business Association, Genoa Country Store, Besty and Randy Falcke, the folks at the JT Bar and Restaurant.



Alta Alpina Cycling Club

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MARK YOUR CALENDARS

AACC Day at Kirkwood Jan 8, 2006
 Cross Country

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AltaAlpina.org; click on "Membership"

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All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month, 6:00 pm** at the Pizza Factory in the Gardnerville Ranchos. The club is about and for you, so help us plan your cycling opportunities. Join us on **January 9.**

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