



PACELINE

**Alta Alpina
Cycling Club**

**Volume 14 Issue 7
August 2016**

AACC Weekend Ride Schedule— Aug/Sept

Garth Jackson, Weekend Ride Coordinator

Weekend rides are intended for riders of all abilities—fast and social pace riders are all welcome. We have frequent regroupings and may split into groups for different versions of each ride. Everyone should carry water, food, and spare tubes.

Saturday, August 20, 2016 — WEEKEND RIDE: Mormon Emigrant
Ride starts from the snow park on Mormon Emigrant Trail at CA 88, rolling at 9:30am. To carpool to the start meet at Douglas High School at 8:00am or at the bottom of Old Myers Grade at 8:00am or Burnside Rd. and CA 88 at 8:30am. The ride heads down Mormon Emigrant Trail and then west and south on small, minimally travelled Forest Service roads. Eventually we'll get back on CA 88 to climb back to the start. The whole loop is about 70 miles but there are no stores so please carry plenty of food and water.

Sunday, August 21, 2016 — MTB Epic III - Hope Valley - Round Lake
Rolling at 10am from Hope Valley. See Page 2.

Saturday, August 27, 2016 — WEEKEND RIDE: Markleeville - Lake Alpine
Meet behind the general store in Markleeville ready to ride at 9:00am. We'll ride over Ebbetts Pass and Pacific Grade, past Mosquito Lake, and out to the lodge at Lake Alpine, about 70 miles and 7000 feet total. Bring plenty of water for the climbs and money for the store/restaurant at the lodge. If you're looking for a shorter ride, you can turn around earlier if you want but be aware that the only source of water is likely to be at Lake Alpine.

Saturday, September 3, 2016 — MTB Epic IV - Faith Valley/Lost Lakes
Rolling at 10am from South Faith Valley on Blue Lakes Rd. See Page 2.

Saturday, September 10, 2016 — MTB Epic V - Caples to Echo Summit
Rolling at 10am from Caples Lake Dam. See Page 2.

Saturday, September 17, 2016 — East Walker River Gravel Ride
Meet at the Gardnerville Starbucks at 9am to carpool to the start (estimated rolling time is 11am). This is an 80 mile mixed terrain ride following the East Walker River. The primary route is along FR-028 which is a gravel/dirt road that heads towards Hawthorne. We will take the road over Lucky Boy Pass to Hawthorne and return by the same route. Recommend 34c tires or larger. Please RSVP (see website rideboard for contacts).

Sunday, September 18, 2016 — Blue Lakes Out and Back Plus BBQ
Meet at Dave Scarborough's house (see website rideboard for address). We'll roll at 9:00am through town and bike paths to Meyers, South Upper Truckee, and Blue Lakes Rd. to the end. There will be water at the campground but you should bring food. We'll return via old Luther and Pioneer trail for a total of about 70 miles. We'll have snacks and a BBQ at Dave's house.

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Build-to-Order Club Clothing

Voler will build a jersey just for you. Select the design, style, and size and you'll have your jersey in about two weeks:
<http://www.voler.com/browse/collections/details/li/AltaAlpinaChallenge>





Summer Epic Mountain Bike Series Update

Eric Reuter, Mountain Bike Ride Leader

As many of you know, the Club organized a 7-part "Summer Epic MTB Series" this Summer and Fall to give AACC mountain bike riders of all experience and ability levels exposure to some of the most beautiful mountain bike trails in the South Lake Tahoe area.

These rides were conceived and set up as social rides where all riders "hang together" and gather-up. The remaining rides this season are all unique and beautiful. All have many sections where beginners can take their time and practice skills while advanced riders can either move at their own pace and wait at appropriate places for the group to gather up before moving on or hang back to help out riders with less experience to negotiate tougher areas. At the end, drinks and snacks are provided too.

All these rides feature beautiful terrain, moderate climbing and descending, some technical areas (all walkable), miles of smooth single track, and a bit of fire road hooking it all together.

Rain and/or threatened thunderstorm activity at the start will cancel. Weather conditions can change rapidly, especially this time of year, so riders should bring a rain poncho or jacket.

Lastly, please note that the times listed are "Departure Times" which means this is when we roll. If you think you may be late, please text me if you'd like me/us to wait. As long as there is cell service and I get your message in time, we'll hold up until you get there. I hope to see you out for these rides!

August 21st

Hope Valley to Round Lake (out-and-back)

Depart Time: 10:00 Mileage: 15-20

This ride will begin with a 3-mile climb through Hope Valley and up Old Luther Pass Hwy (recently cleared by Dave Scarborough and team!), across to Scott Lake, then down to Big Meadow and across and over the ridge to Round Lake. Riders should be intermediate-to-advanced and comfortable with some technical climbing and descending though the initial 3 miles is a nice smooth climb for beginner riders too. This is an out-and-back ride so riders may turn back at any time. Bring plenty of water, etc..

September 10th

Caples Lake to Echo Summit (out-and-back)

Depart Time: 10:00 Mileage: 20-25

Caples Lake (Schneider Camp) to Echo Summit is about a 24 mile out-and-back on a fire/4x4 road. Some parts of the road are rocky and may require some "hike-a-bike" but in general, the road is in decent condition and is a fun and beautiful route. The ride is at high altitude and there will be no potable water source so riders are encouraged to bring plenty of water.

October 1st

Tour de Kirkwood (loop) and BBQ

Depart Time: 10:00 Mileage: 15-20

start with the beginner Kirkwood Meadow Trail, proceed up the fire road to the top of Snowkirk (Lift 1) and join into a loop of the Upper and Lower Corral trails below Thimble Peak to begin the ride. The final route and distance beyond this will be chosen by the group the day of the ride. I will also be hosting a barbecue at my house in Kirkwood so I will ask for an RSVP a few days before the ride so I can make sure there is enough to eat and drink.

September 3rd

Faith Valley/Lost Lakes (loop)

Depart Time: 10:00 Mileage: 15-20

The Faith Valley/Lost Lakes network is beautiful and remote. The ride includes a smooth initial single-track trail through the meadows and along the river in Faith Valley followed by several spur trail routes which are each 2-3 miles of "out-and-back". Depending on participation, we may climb to Forestdale Divide and over to Lost Lakes for an epic climb and beautiful vistas. The initial 2-3 miles is relatively flat for beginner riders too. Beginner riders can turn back as the trail becomes more challenging.

September 25th

Powerline Trail/Cold Creek/Star Lake (out and back)

Depart Time: 10:00 Mileage: 15-20

Powerline Trail is a very popular trail that parallels Pioneer Trail. The Cold Creek trail leaves from Powerline and heads up to High Meadow where we'll connect to the Star Lake trail and return the same way. This is an out-and-back so riders may turn back at any time. Additionally, riders may take the High Meadow dirt road (instead of Cold Creek Trail) up to the Star Lake trail.



Presidential Posting

Chris Rhiner, President

August and a time for changes.

To recap the August board meeting, we're continuing to work on how our club can better meet the demands and needs of our members.

1st, we are in the process of looking for a vendor that can supply a full club kit. We have a great supplier of build-to-order jerseys now, but members want matching shorts. More details to follow.

2nd, after years of service to the club, Di Bolton is stepping down from her position as Thursday Night Race Director and we are now looking for someone to replace her in 2017. This position is key to one of our club's most popular offerings so please take a moment to consider taking this job or recruiting one of your family members or friends. This is a paid position and we're looking at ways to make the job a little easier next year. Thank you Di and Corey for your dedication,

commitment and patience all these years. Time flies while we are having fun and you are doing the work.

3rd, our new Epic Mountain bike series is underway, courtesy of Eric Reuter. This is our first year providing regularly scheduled mountain bike rides. See the listings in the newsletter [Ed: on Page 2] and check the rideboard for any updates. I hope to see you out at Eric's rides.

4th, we're working on a new event for next May: an Alta Alpina Gravel Grinder mixed terrain race. Things are at an early stage. We've mapped and ridden a proposed route and now we need to work on permits. There's lots of work to get done if we want to launch this in 2017 and we need a team of members enthusiastic about the mixed terrain experience.

Stay tuned, stay fit, get involved, and enjoy the summer.

2016 King of the King Kingsbury Time Trial

Allan Biaggi, Race Director

What's your best time climbing Kingsbury? How does your time compare to your friends and other club members?

Alta Alpina's annual King of the King Time Trial took place on July 30 and here are the results:

Danny Wasson	41:56	Leslie Shaw	53:19
Garth Jackson	42:03	Jenny Hamiter	53:46
Mark Edwards	43:06	Kathy Chappell	59:27
Michael Bayer	46:47	Toni Parenti	1:02:00
Karl Marlowe	50:28	Tod Conover	1:02:41
Laurie Marlowe	51:36	Eric Studenicka	1:05:37

Local Merchant Discount Program

Details about local merchant offers is listed under "Merchant Discounts" on our website at www.AltaAlpina.org.

Show your AACC Membership Card at time of purchase.





Board Meeting Minutes—August, 2016

Secretary: Jim Sadilek; Other Board Members: Chris Rhiner, President; Tammy Lundquist, Vice President; Frank Dixon, Treasurer; Michael Bayer, Alta Alpina Challenge Ride Director/ Newsletter Publisher/Membership Coordinator; Di Bolton, Thursday Night Road Race Director; Lori Piccini, Clothing Coordinator; Eric Reuter, Mountain Bike Ride Coordinator

Meeting called to order at 6:15 pm

Venue: Lakeside Inn and Casino,
168 US-50, Stateline, NV

Minutes of the July meeting approved as read

1. Monthly Status Reports:

- **Treasurer:** The current checking account balance is: \$42,390.77. The PayPal account balance is \$3,050.14.
- **Weekend Rides:** With Eric Reuter, Mountain Bike Ride Coordinator, in attendance, there was a discussion about the causes of less than ideal participation for Eric's scheduled rides. The consensus was that the overall ride pace needs to be slower with frequent regrouping. The Sonora Pass road ride was well attended with 13 riders.
- **Newsletter:** Need race results, presidential posting, and minutes. Planned to publish on August 11 or 12.
- **Website:** There have been unscheduled outages with the current hosting company. These outages have affected email as well as the web site. Rather than the emails showing up late, they are simply never delivered. There are also reports of outgoing email from the club's email not being delivered. Those addresses with SBCGlobal.net appear to be particularly subject to non-delivery.
- **Weekly Road Races:** Di Bolton announced this would be her last year serving as Thursday Night Road Race Director. In order to continue to this program in the coming year, a new Race Director needs to step up. The position is open at this point. Di will offer transitional training.
- **Junior Team:** Mel Maalouf joined the group by telephone to announce a meeting on Wednesday, August 10 regarding Jr/Sr High Nevada MTB League.
- **Spring Century:** No report.
- **Pinenut Cracker:** A discussion took place regarding a proposed "Gravel Grinder" ride. Rather than having the traditional Pinenut Cracker, there is the possibility of incorporating a portion of the Pinenut course into the gravel ride. Also discussed is the possibility of having two rides—one of approximately 70 miles and one of a shorter distance (mini grinder) in order to accommodate riders of varying skill levels. No decisions have been made pending a more careful determination of the proposed route(s) before the next board meeting. There is a degree of urgency in making decisions about this ride because of the lead time needed to get the necessary permits in place.
- **King of Kingsbury Time Trial:** The event was held July 30 with 14 riders. Reportedly it was a fun event and well run by Allen Biaggi. The best time was 41:56.
- **Bike Advocacy:** Frank Dixon and Michael Bayer attended the Alpine County meeting regarding the inclusions of bicycle lanes on the road from Markleeville to Grover Hot Springs. This was a very preliminary meeting regarding the process; no decisions were. The earliest date for construction is 2020. Obviously, there will be future meetings.
- **Adopt A Highway:** The Turtle Rock Park Highway area clean up in conjunction with the Ebbetts pass ride was very well attended.
- **Clothing:** As mentioned in last month's meeting minutes, discussion continues about considering the Utah based cycling clothing manufacturer, Hyperthreads to supply club kits. The club received samples of jerseys, shorts and bib shorts, both men's and women's styles from Hyperthreads. A major consideration is to find a domestic supplier of team kits who can supply high quality shorts and bibs. Additionally, we need on demand ordering and a reasonable turn around time. The Hyperthreads top grade bibs appear to be acceptable, but the proof is in riding a long distance in these bibs. Determination of Hyperthreads ability to fulfill our needs continues. No buying decisions will be made before polling the membership.
- **Challenge:** The Challenge post-mortem meeting went well, and the information gathered



from the meeting in addition to that from other sources is being consolidated and prioritized to be incorporated into planning for next year's ride. Michael emptied the temporary storage unit, sorted and consolidated the permanent storage unit. Accounting is nearly complete—still some

missing equipment to be found or replaced, which could require additional expenditure.

2. **Next Meeting:** Monday, August 19, 2016, 6 p.m. at Jethro's Oven & Grill, 1281 Kimmerling Rd, Gardnerville, NV.

Meeting adjourned at 7:45 pm

Sonora Pass Weekend Ride

We had a great turnout for the Sonora Pass Weekend ride on July 23. Half the group turned around at the summit and the other half continued down the back side to Dardanelles Resort.

Congratulations to Tina Hughes who, riding Sonora Pass for the very first time, earned Queen Of the Mountain on Strava with a time of 1:06:31 climbing the east side.

Thanks to Todd Wolfe for transporting water for the group riding the backside (and for helping to put out a wild fire on the side of the road).





Alta Alpina Cycling Club

P.O. Box 2032 877-845-2453
 Minden, NV 89423 877-845-BIKE
 www.AлтаAlpina.org

MARK YOUR CALENDARS

Mormon Emigrant RideSat. Aug 20
 Alpine Lake RideSat. Aug 27
 Blue Lakes and BBQSun. Sep 18
 Kirkwood MTB and BBQSat. Oct 1
 Fall CenturySat. Oct 8

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AлтаAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

Chris Rhiner	President	president@AltaAlpina.org	775-790-6373
Tammy Lundquist	Vice President	tahoe.tammy@gmail.com	530-545-3155
Jim Sadilek	Secretary	ccwatchmaker@gmail.com	775-220-2713
Frank Dixon	Treasurer	ozatlake@gmail.com	530-318-1574
Michael Bayer	Membership Coordinator	membership@AltaAlpina.org	877-845-2453
Garth Jackson	Weekend Ride Coordinator	ridedirector@AltaAlpina.org	
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
Di Bolton	Thursday Road Race Director	dibolton@frontier.com	775-781-4660
Robert Braun	Pinenut Cracker Mountain Bike Race	robertingville@yahoo.com	
Tammy DeGiovanni	Road Cleanup Coordinator	ttdeg@frontier.com	775-901-1652
Laura Caimi	Marketing Coordinator	wildsierralaura@yahoo.com	
Lori Piccini	Clothing Coordinator	clothing@altaalpina.org	877-845-2453
Michael Bayer	Paceline Editor	paceline@AltaAlpina.org	
David Scarborough	Spring Century Coordinator	dave_scar@hotmail.com	530-318-7878
Mel Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Joe Marzocco	Website Coordinator	j_marzocco@yahoo.com	
Tim Rowe	Bicycle Advocacy Coordinator	Trowebikes@aol.com	775-267-9531

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe.. Join us on **September 19** at the **Jethro's** in the **Gardnerville Ranchos.**

Newsletter Publisher:
 Michael Bayer